## **Exodus 20.8-11: The Sabbath as a Commandment**

1. God wanted his image bearers to
him [or imitate him] by honoring the Sabbath.
† See also Genesis 1.27; 2.2-3; Exodus 19.5-6.
2. God declared the Sabbath to be
set apart for him, as a time to gather together so as to
honor him with worship, remembrance, and obedience.
† See also Leviticus 23.3; Deuteronomy 5.15.
† קְּרַשׁ [kuh-DAHSH] means to sanctify, consecrate,
make holy; all of which mean to separate out for
God's purposes.
3. God created the Sabbath to provide
and remind people of their dependence on him.
† See also Exodus 23.12; 34.21.
† שַּׁבְּת [shah-BAHT] means rest or Sabbath day of rest.
4. The Sabbath was a time to reaffirm the
relationship between image-bearing Israel and God, and
between image-bearing individuals and God.
† See also Exodus 31.12-17.
5. The Sabbath rules were a
They were not very restrictive: people were to prepare
beforehand, so they could avoid doing anything to
provide for themselves on the Sabbath.
† See also Exodus 16.22-26; 35.2-3; Nehemiah 10.31;
Mark 2.27; John 5.17.

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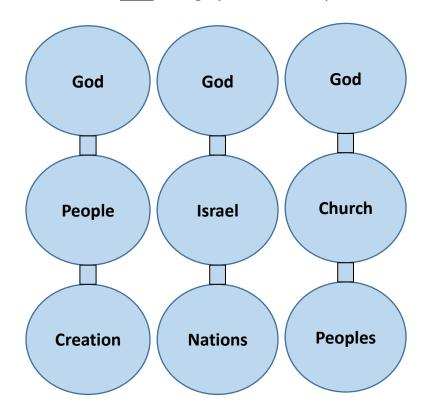
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- † See also Colossians 2.16; early church document Ignatius to the Magnesians 9.1.
- 7. We should \_\_\_\_\_\_ the principles of the Sabbath to our lives, even though it is not commanded for the church under the New Covenant.

How should YOU change your life in response to this?

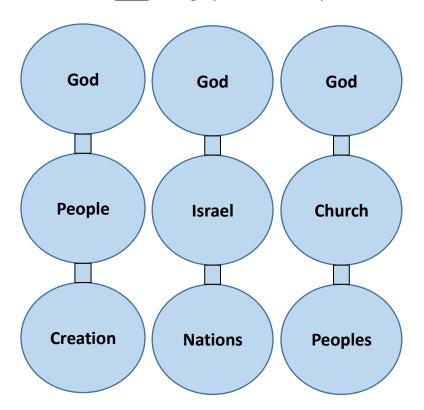


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